**Physical Well-Being and Motor Development: Personal Care Tasks Learning Progression**

| **Domain: Physical Well-Being and Motor Development** |
| --- |
| **Strand: Health** |
| **Learning Progression: Personal Care Tasks** |
| **Operational Definition: Engages in personal care and basic health practices with increasing independence** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **A**  | **B**  | **C**  | **D**  |
| **Personal Care and Basic Health** | Responds to communication of others. | Attends to care routine or moves body in response to it. |  | Cooperates with adult during personal care tasks and basic health routines. |

**Observational Rubric:** Personal Care and Basic Health

| **Directions** | **Level** | **Rubric** | **Evidence Examples** |
| --- | --- | --- | --- |
| (Same as Levels 1-5) | **A** | Child responds to communication of others. | **Roland**—Roland oriented toward me when I pointed or looked at him. |
| **B** | Child attends to care routine or moves body in response to it. | **Rudy**—Rudy leans his nose into the tissue when I hold it out in front of him to wipe his nose. |
| **Adaptations: Evidence Examples** | **Vision:****Sensory:** | **Allie**—When Allie held the washcloth before having her face washed, she held her head still.**Suzie**—When Suzie used the vibrating toothbrush, she accepted the toothbrush in her mouth and did not turn away. |
| **D** | Child cooperates with adult during personal care tasks and basic health routines. | **Sheila**—Sheila holds her hand out for the soap when I assist her in washing her hands before snack. |
| **Adaptations: Evidence Examples** | **Motor:** | **Charlie**—When I held Charlie in my lap, facing out, to put on his shirt, he leaned forward and put his arms through the sleeves. |